



To Register for miBenefits:

For Basic American Foods, Trans Ocean Products and True North Steel Employees Only

Prior to accessing the miCare Clinic, all Employees and Family Members (over the age of 18) must complete the miCare registration located within the miBenefits member portal. To accomplish this, follow the steps below.

1. miBenefits login information is mailed shortly after miCare Clinics are implemented. If you no longer have your username and password, please contact a miCare customer service agent to receive this information.
2. Visit www.ebms.com and click on the “Log In” icon on the upper left-hand corner of the page.
 - You can update your username or password by selecting “Update Account” at the top menu bar and clicking “Update miBenefits Account.”
3. Once you’ve logged in to miBenefits, click on the miCare logo on the lower left side of the page, about half way down.
4. Complete the short miCare registration for you and any enrolled dependents (under 18 yrs of age).

Your miCare registration is now complete!

To Make an Appointment Online, you will login to miBenefits, click on the miCare logo, select the individual that needs an appointment, and click “Appointments” from the left side bar menu. That’s it!

miCare Customer Service 866.888.8035

